

MIODOLE  
SCHOOL

Coach A's Cell- 614-403-6823

Sign up for Remind 101 (You and Parents)

**Primary Communication:**

Text Number: 81010

Message: @wwhsxc

**Secondary Communication:**

Follow Coach A on Twitter

Follow 5 Week Training Program.

Training before **July 24** is VITAL.

No Physical, No First Day of Practice (Check with me now)

First Week of Practice July 24 and July 26 (7AM-830AM) at VERONA COMPLEX

NO CUTS